



After Your Breast Biopsy

1. Apply an ice pack to the biopsy site in the PACU (Post Anesthesia Care Unit). When you return home, apply an ice pack again for 30 minutes.
2. Remove the dressing 24 hours after the biopsy.
3. Keep the biopsy site dry for 24 hours until the dressing is removed. After 24 hours, the site can get wet. Do not scrub the area.
4. If white paper strips ("Steri-Strips") are in place, let them fall off on their own. This usually happens in 7 to 10 days. If you have sutures, contact Dr. Danforth to schedule their removal.
5. If you have pain, take Tylenol, Motrin, or Advil.
6. Do no vigorous activity (such as jogging, aerobic exercise, tennis) for 1 week.
7. If redness, drainage, fever, or chills develop, contact your medical staff fellow.

Other instructions:

Contacts (Reach the staff members below through the NIH page operator at **301-496-1211**.)

Your Doctor:



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This information is prepared specifically for patients participating in clinical research at the Warren Grant Magnuson Clinical Center at the National Institutes of Health and is not necessarily applicable to individuals who are patients elsewhere. If you have questions about the information presented here, talk to a member of your healthcare team.

Questions about the Clinical Center? OCCC@cc.nih.gov

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